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November 3, 2010 5:07:04 PM 

Subject: **GMS Council Meeting Minutes - October 2010**

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Attachments:  minutes - GMS - October - 2010.doc

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Rosanne,  
Thanks so much for taking the minutes in my absence.

I do not have email addresses for Laurie Parks or Leslie Andrews, both of whom were in attendance at the October meeting.  
Please forward to them if you have their email addresses.

See you on November 23rd.

Cindi Quirk  
GMS Council Secretary  
613-831-9730

Begin forwarded message:

> From: Rosanne Wall <brianrosannewall@sympatico.ca>  
> Date: October 30, 2010 6:08:32 PM EDT  
> To: "jacq allans" <4allans@rogers.com>, <cquirk@magma.ca>  
> Subject: minutes from October GMS

> Here are the mintues. I don't have everyones email addresses so can one of you forward it to everyone.

> thanks

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**Date:** October 30, 2010 6:08:32 PM EDT

**To:** "jacq allans" <[4allans@rogers.com](mailto:4allans@rogers.com)>, <[cquirk@magma.ca](mailto:cquirk@magma.ca)>

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## Minutes – Goulbourn Middle School Parent Council 2010

- October 26, 2010, 7pm

### Present

Jacqueline McKenzie, Rosanne Wall, Kristin Ryan, Andrea Easton, Chantal Racine, Robbie Judd, Laurie Parks, Leslie Andrews,

1. Welcome – Jacqueline McKenzie opened the meeting with a welcome
  - a. The agenda was approved with the addition of a discussion concerning money for the office to purchase food (under new business) - motion by Kristin and Andrea - approved by all.
  - b. The minutes from September were approved – motion by Kristin and Robbie – approved by all.
  - c. The minutes from May are deferred to the November meeting.
  
2. Principals Report (Chantal Racine)
  - a. Misty will be our new admin & support rep on council
  - b. There will be a remembrance day assembly on November 11 at 10:30am. All our welcome; plus, if you know of any veterans (especially women) who would be available to speak, please see Mrs. Wiggins.
  - c. The Earth Rangers presentation was well received. They focused on the importance of managing the earth's resources. They also brought some animal ambassadors with them; a Northern Pine Snake and a Red-tailed hawk.
  - d. Project Act also gave a great presentation on nutrition, body image and substance misuse. The students will have follow up activities in their health classes.
  - e. The grade 8's will be attending the 'World of Work extravaganza' at Landowne tomorrow. There will be information about trades and non-traditional occupations.
  - f. The school community has had great success in athletics this month & the yoga program is in full & enthusiastic swing.
  - g. Chantal apologizes for not have the Wish List use report from last year. She promises to have it for the November meeting.
  - h. Information items:
    - i. Growing success - Ministry document that directs assessment, evaluation and reporting of student achievement in schools. Parent letter: re: Progress Report, Report cards, new dates for reporting. PA date for interviews Friday, Nov. 12, evening interviews Wed. Nov. 10 in deference to the importance of Nov. 11<sup>th</sup>
    - ii. OCDSB Student Survey—takes place between Nov. 22-Dec. 10

Grade 6 students will get a package to take home and complete with parents, grade 7 and 8 will complete them on line, at school

- iii. Internet Safety and Cyber bullying presentations will be held November 17<sup>th</sup> during the day for the students. There will also be an evening presentation for the parents and community that will not be suitable for children. .

3. Treasurers Report (Andrea Easton)

- a. See separate financial sheet prepared by Andrea Easton for precise amounts.

4. Healthbar Report (Rosanne Wall)

- a. Rosanne gave a report as to the total order amounts for the health bar – approximately, 442 pieces of pizza, 198 subway & 240 extreme pita.
- b. An email went out to the school community explaining the mistake in pricing for the pizza on the original order form – there was 1 request for a refund which Rosanne took care of.
- c. Rosanne gave a quick summary of the new nutritional guidelines that will be in effect for September 2011
  - i. The guidelines concentrate on the fat, sodium and calcium content in the foods sold to the students
  - ii. Any grains need to be whole grains.
  - iii. Sugar is not included.
  - iv. The amount of fat, sodium (etc) that is acceptable depends on the type of food – fresh meat, deli meat, dairy, fruit/vegetable, mixed food (etc)
  - v. When looking at mixed dishes (i.e. pizza) – all the ingredients need to be consistent with the new guidelines for the food item to be acceptable.
  - vi. There are different categories for the food – sell most (80%), sell less (20%) and do not sell.
  - vii. There will be 10 exception days.
- d. Rosanne summarized how this affects what we presently sell (on Tuesdays)
  - i. Pizza – JoJo's is looking into making his pizza acceptable; he already has a whole wheat crust and is now working on the cheese & pepperoni. We may need to look into the possibility of offering other types of pizza (veggie, chicken etc.)
  - ii. Subway – will need to only sell a whole wheat bread, need to look into the deli meats.
  - iii. Extreme Pita – Rosanne is fairly confident that this already meets the guidelines but she will double check after Christmas.
- e. Other things to do

- i. In order to ensure that we are selling 80% sell most Rosanne would like to offer things like cheese string, yogurt tubes, applesauce tubes etc.
- ii. After a discussion on how best to do this – it was decided that the students will buy coupons to be used by a certain date. The coupons will be good for whatever is stocked in the healthbar.
- iii. Rosanne will look into several options and email the council by the next meeting.
- iv. All these options will meet the sell most guidelines
- v. There was also a discussion about bringing in a company like the lunchlady to do a hot lunch on another day besides Tuesdays. Rosanne will contact them to a) discuss this possibility and get more information and b) plan a fundraising day with a hot lunch through them.

5. Fundraising Report (Robbie Judd)

a. Fudge fundraiser

- i. Robbie has the information for the fudge fundraiser and is ready to go whenever the council would like to do it.
- ii. Robbie has 2 moms who are willing to help her.
- iii. The fundraiser will go out for 2 weeks and will be planned so it can be handed out to the parents at the Christmas band concert ~~on December 9<sup>th</sup>~~. After that, the parents will need to pick up their fudge from different volunteer depending on the community they live in.
- iv. There was a discussion about the best way to get the fudge home as last year there were students eating it on the bus ride home although they were asked not to open it due to allergy concerns. The solution is outlined in point 'c' above.

b. Cake Walk

- i. Rosanne Wall & Susan Fullerton will plan a cake walk for December 1<sup>st</sup>.
- ii. This is also the date of a band trip but those in the band will walk through and pick their cakes before they leave on the fieldtrip.

6. Teachers Report (Leslie Andrews)

- a. The reading list for the Silver Birch and Red Maple reading programs are out.
- b. There was an author visit today from Allan Stratton(sp).
- c. The musical this year will be Beauty & the Beast Jr. Auditions will be in November and they will perform April 13 & 14. Barb Friesen will be coordinating the musical.
- d. There will be a dance this Friday for Halloween; the computer lab will also be open plus a movie will be played.